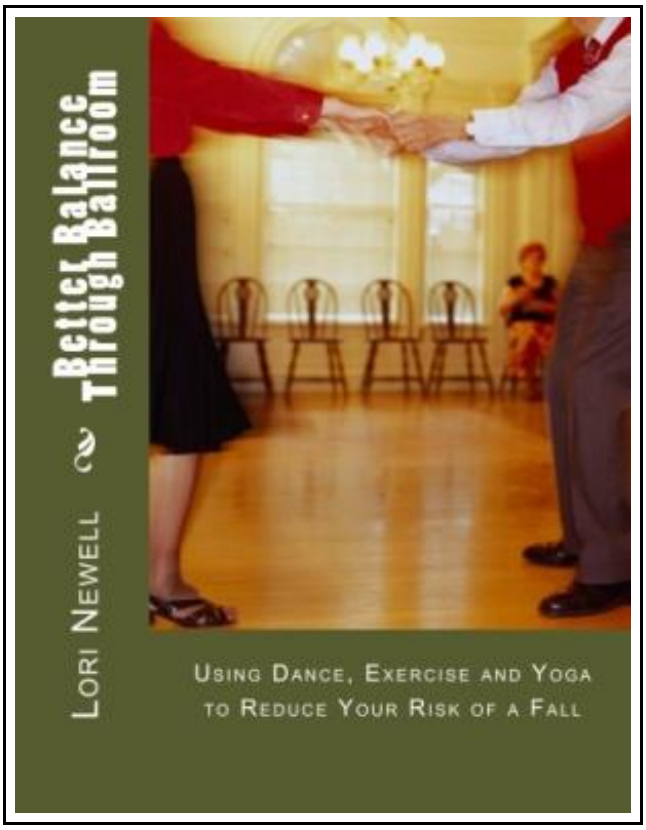
Better Balance Through Ballroom: Using Exercise, Yoga and Dance to Reduce Your Risk of a Fall



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BETTER BALANCE THROUGH BALLROOM: USING EXERCISE, YOGA AND DANCE TO REDUCE YOUR RISK OF A FALL

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