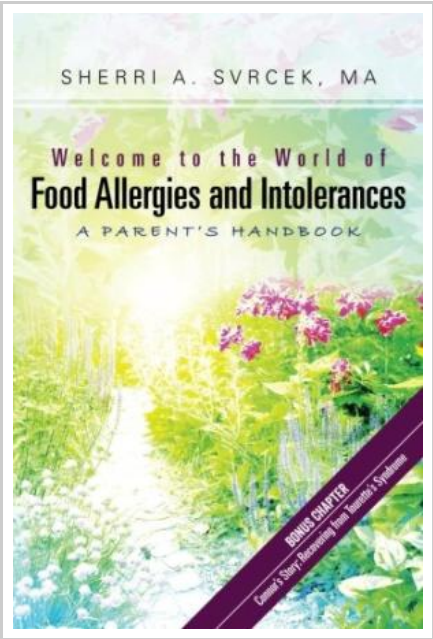


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Welcome to the World of Food Allergies and Intolerances: A Parent s Handbook (Paperback)

By Sherri a Svrcek Ma

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 236 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.When Sherri A. Svrcek, MA, discovered that both her son and her husband were suffering from various food allergies and intolerances, it was a major adjustment for the entire family. Above all, she wished for a practical and positive handbook that would explain all the ins and outs of this difficult transition to a healthy and allergy-free diet. When she couldnt find one, however, she promised that when she made it through, she would write that very book herself.The result? Welcome to the World of Food Allergies and Intolerances, a parent-to-parent guide that takes a candid, humorous, and hopeful look at the issues food allergies can create for a family; Svrcek shares the very best ways she has found to overcome them. If your child has been diagnosed with a food allergy or intolerance, it can feel like the end of life as you know it: time and energy dedicated to researching ingredients, shopping at specialty stores, and planning menus weeks in advance. These changes can result in unexpected psychological effects as well, such as...

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