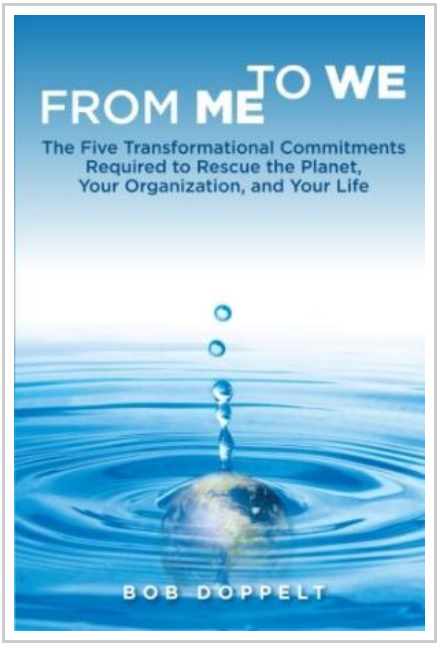


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From Me to We: The Five Transformational Commitments Required to Rescue the Planet, Your Organization, and Your Life

By Bob Doppelt

Greenleaf Publishing. Paperback. Book Condition: new. BRAND NEW, From Me to We: The Five Transformational Commitments Required to Rescue the Planet, Your Organization, and Your Life, Bob Doppelt, In From Me to We: The Five Transformational Commitments Required to Rescue the Planet, Your Organization, and Your Life, systems change expert Bob Doppelt reveals that most people today live a dream world, controlled by false perceptions and beliefs. The most deeply held illusion is that all organisms on Earth, including each of us, exist as independent entities. At the most fundamental level, the change needed to overcome our misperceptions is a shift from focusing only on "me" - our personal needs and wants - to also prioritizing the broader "we": the many ecological and social relationships each of us are part of, those that make life possible and worthwhile. Research shows that by using the techniques described in this book this shift is possible - and not that difficult to achieve. From Me to We offers five transformational "commitments" that can help you change your perspective and engage in activities that will help resolve today's environmental and social problems. Not coincidentally, making these commitments can improve the quality of your life...

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